

Dear Athlete and Parent(s),

If we have not already met you, allow us to introduce ourselves as the Head Certified Athletic Trainer and CHAMPS Life Skills Coordinator, Tristy Wolfe, and Assistant Athletic Trainer, Rachel Joye, at Georgian Court University. We hope you are enjoying your summer and properly training for the upcoming seasons. We are looking forward to working with all the athletes in prevention, assessment, treatment, management, and rehabilitation of injuries they may unfortunately sustain.

The Team Physicians for Georgian Court University are Dr. Stephen Rice and his associates. Professional Orthopaedics Associates is our Team Orthopedic group. Of course, an athlete may go to a physician of their own choosing, however, having team doctors is a great service. It is also mandatory that the athlete see the athletic training staff prior to seeing any physician in a non-emergency. The Team Physician will attend many of the home games and conduct regular clinics at no cost to the student. Also, please be advised that we are in compliance with all state and federal regulations regarding the security and privacy of protected health information. **A HIPPA designation form signed at the start of the year gives me permission to discuss health information only with those people designated by the athlete (over 18) and may change on a case by case basis.**

As we approach the beginning of a new school year, it is important that all athletes receive their pre-participation physicals. We will be conducting physicals in the health office on the second floor of the Casino building with the help of the Georgian Court University's nursing staff headed by Pat Dority RN. Dr. Rice will be providing his services. **Every student-athlete must attend even if you receive a physical from your own doctor.**

Physicals for volleyball, soccer and tennis will be August 7th at 9am. Cross country will have physicals August 14th at 9am. Softball, basketball and lacrosse will have physicals during athletic orientation (see schedule for times). You must bring all completed paperwork with you to the physical. Any incomplete paperwork will be returned and the athlete will not be cleared to participate. If an athlete has a conflict, please call and we will accommodate you as best we can. **NO ATHLETE IS ALLOWED TO PRACTICE OR COMPETE WITHOUT COMPLETING THE TASKS ON THE ATTACHED CHECKLIST! NO EXCEPTIONS!!**

Included with this letter you will find a checklist, insurance information packet, two health physical forms, HIPPA designation form and acknowledgement form, and emergency card. The drug testing policy and consent form will be in another mailing. You may also print these forms from www.georgian.edu/athletics/athletic_training.htm. The HIPPA privacy act is also found online. **You must bring all COMPLETED paperwork to physicals.** All information requested on these forms is **necessary** for proper processing of injuries and insurance claims. Thank you for your time and we look forward to seeing you.

Sincerely,

Tristy Wolfe MA ATC/ATL

Rachel Joye MA ATC/ATL



Participation Clearance Checklist



- Complete ALL information on physical form including athlete's signature and parent's signature if under 18
- Complete Supplemental History for the Female Athlete
- Sign HIPPA acknowledgement form
- Complete HIPPA designation form including signatures and make sure designated names are same found on emergency card (don't forget to include parents if you wish for me to be able to speak to them regarding injuries)
- Read and complete the insurance claims procedures and information form
- Complete the front and back of emergency card
- Hand in two copies of front and back of personal insurance card
- Complete physical with physician's signature for clearance
- Hand in all of the above to Athletic Trainer
- Ready to practice!